## RESTORATIVE JUSTICE

## **UNA NEWSLETTER**

## EXPERIENCES IN RESTORATIVE JUSTICE

Personal experiences of Inside UNA Students

What UNA Restorative Justice certificate program means to me?

My involvement with UNA RJ came about because I desire to be an educated man. Through UNA, I met a fellow classmate who has served in the military, been married several times, has had children, has seen the world from both sides of the proverbial "tracks" and the more I get to know this guy, the more I realize that this person that I used to see and not see has more layers than an onion, and hundreds of....no, thousands, maybe even billions of experiences. On the other hand, I've been incarcerated for 30 years of my 48 years of life; so, what does UNA RJ mean to me? It means layers, it means expansion, it means the enlargement of my capacity in this experience and it allows me to be active in an expectation that is looking forward to the potential in the eventuality of my freedom, **BECAUSE I AM NOT DEAD** YET!

"Where there is no vision, the people perish." Proverbs 29:18

Personal experience of a UNA student:

Arrested with a 9th grade education at the age of 17, I look back and see myself as very simple and uneducated, by where I'm at today.

Through encouragement of others, I strived to gain my GED, and at 22, I accomplished getting my GED. That was the beginning of my educational journey.

Not only did my GED show that I could accomplish it, it also gave me the courage to make more difficult goals that would begin my journey of becoming an Educated Man.

Even through the negative environment, the trials of overcoming my own temptations, and the labelof being what I know I'm not: an inmate, a convict, or a killer.

Unpredictable circumstances, trying to become better for myself

## SOFT SKILLS RJ ENHANCES

- 1) COMMUNICA TION
- 2) TEAMWORK
- 3) PROBLEM SOLVING
- 4) TIME MANAGEMENT
- 5) CRITICAL THINKING
- 6) DECISION MAKING
- 7) ORGANIZATION
- 8) STRESS MANAGEMENT
- 9) ADAPTABILITY
- 10)CONFLICT MANAGEMENT
- 11)LEADERSHIP SKILLS
- 12)CREATIVITY
- 13)BEING

RESOURCEFUL

- 14) PERSUASION
- 15)OPENNESS TO CRITICISM

above all things, and not letting my old habits or thinking control me, became an idea from my faith, in which has benefitted me and directed my life in an upward spiral, which my family and friends has noticed within me.

Taking all the Self-help classes available, taking all the Educational classes available, and taking all the Trades that I could, has brought me from a simple teen, to an Educated Man.

But why stop there, after 19 years of my Educational journey: nearly accomplishing my Associates Degree, becoming an Ordained Minister, becoming Certified in 2 trades, and working everyday to prepare myself for when and if I everenlk

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