

WITH A BANG

On Sept. 11, the UNA Lions took to the field against UT-Chattanooga. The game at Braly Stadium served as a return to sports and a more regular season of play for football and many of the other athletic activities that had been disrupted by the pandemic. The event also served as a very special commemmoration of the 20th anniversary of the Sept. 11, 2001, attacks on the Twin Towers and Pentagon. Members of the UNA military community were honored throughout the game, and a special firework show concluded the half-time performance that featured area high school bands and women singers/songwriters. Read more about women in UNA Athletics on pages 44-47.







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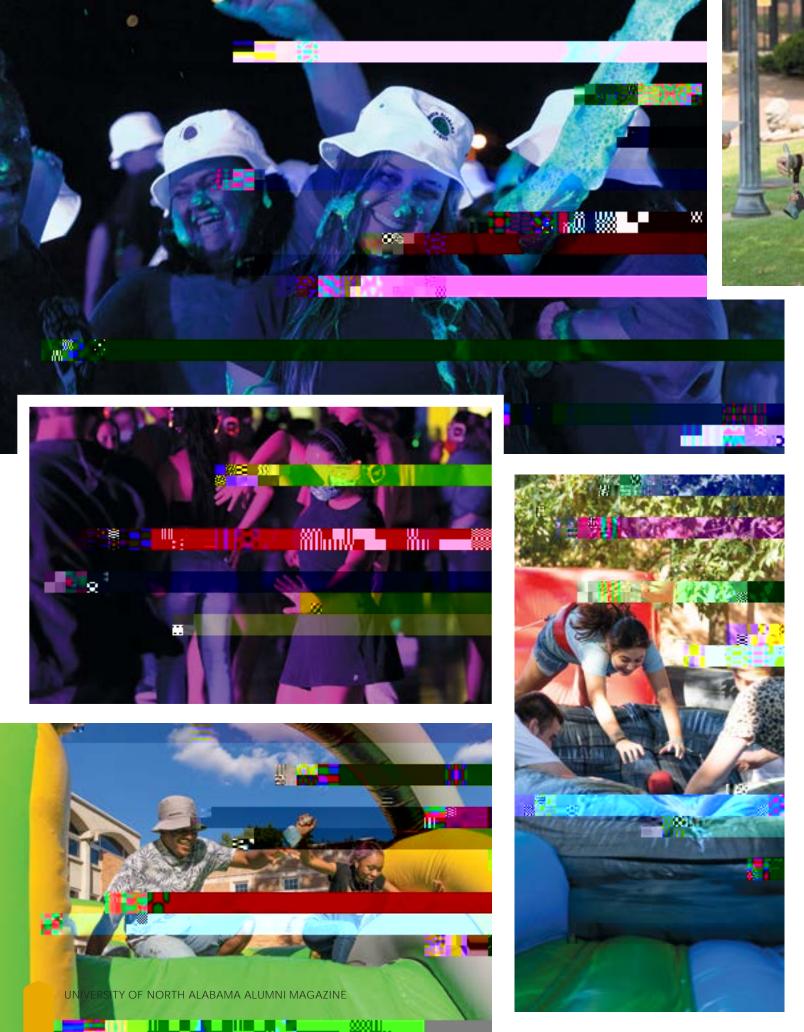
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QUESTIONS OR INQUIRIES:



Editor's Note

Dear Friends,







MANE ATTRACTION

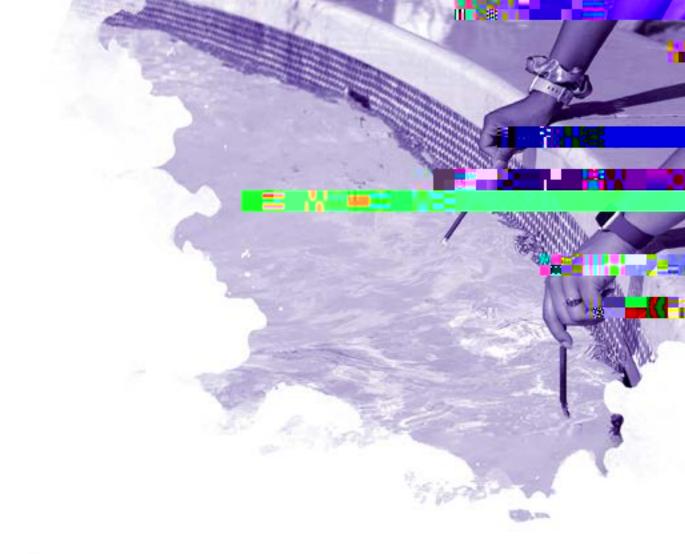
Fra gl'Ybh XlgWg UbX gi bgYhntc[Uhc h\Y Ubbi U Li WmD]d UbX B][DYU, MUbY Mcbh fYhi fbYXhc Wa di g Zcf h\YFU`Ñzl gYa YgMf, UbXghi XYbhgk YfYU`]b, dUflyVdUlb[]b Yj Ybhg h\Uhk YfY bYk UbX X] YfYbhUbX, a cghìm ci hXccfg MUbY Mcbh\ cf[Ub]nYfg gUJX h\Yff [cUk Ug hc fY]bj][cfUhY Wa di g UbX ghi XYbhg Zcf U gYa YgMf h\Uhk Ug a cfY hnd]Wr h\Ub \UX VYYb Yl dYf]YbWX fYWbhimUg UfYgi 'hcZh\Y dUbXYa]WH\Y Yl VMa Ybhk Ug dUdUv'Y, dUflyW'U'mk]h\h\YUXX]h|cb cZh\YMUf cZh\YI NA K ca Ub. I bU h\YZ\a UYa Ug\hk Ug\hk Ug a b]dfYgYbh, UbXa UbmcZ h\Ycf[Ub]nUlcbg\cgh]b[Yj Ybhgd]j chXxhc]bWi XYh\YMUf cZh\YI NA K ca Ub h\Ya Y,]bWi X]b[h\YSW] Yb[Yf Hi bh\cghX\min\YK ca Yb]b Bi glbYgg RY[]gMYXShi XYbhOf[Ub]nUlcb.







By Michelle Rupe Eubanks '96 |



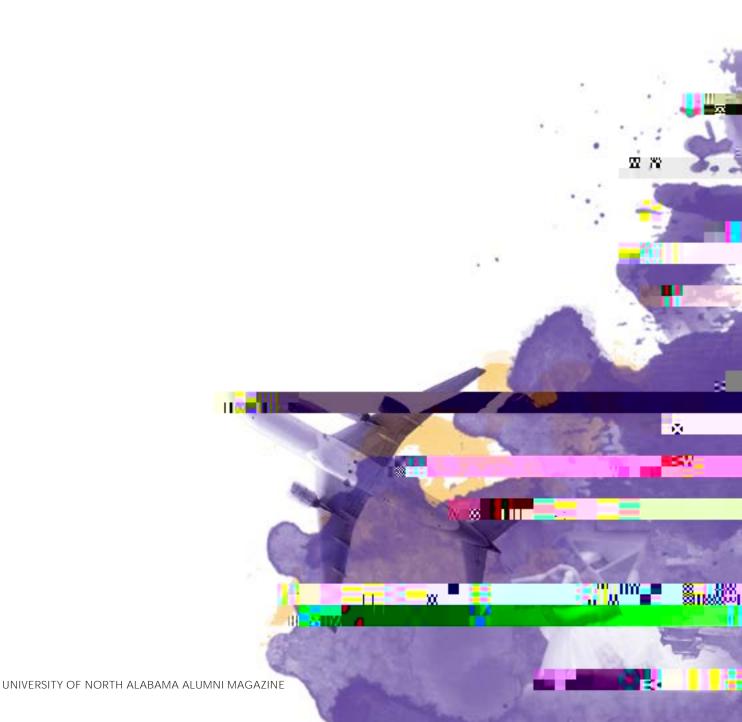
\text{Vth}g|httci hhty I b|j Yfg|mcZNcfh A`tuta Utbx [fck |b| gli XYblg|blc htf]j |b| UXi `lg? AfYU` i b|j Yfg|hjYgh |ggdYyU, ht |gtXYdhthZcfa |b| fYthcbg\|dgtbX Yei |dd|b| gli XYblghc gl WYX? OZWi fgY, htyfYtfYhcgYk \c gtmh |g\tddYbg Yj Yfnk \YfY, thWa di gYgUWcgghtYWi blfmk |ht YtW WtggcZgli XYblght tha Uf]W`thYg I X|gU fYY. Httg]gi b|ei Yhc I NA. Oi f glcfm|gg|b[i `tf, cbYcZU_]bXYj Yb. H]glcf]WAbX hthglcfmVf |bgk |ht YtW |bX|j |Xi U k \c Ybfc``g

Ih]gUa cghUg]Zh\YfYnygca Yh\]b[gdYNJU]bh\Y k UYnf, h\Uhl\Y`Y[YbXcZh\YLi WmD]d]g gU gYh\c

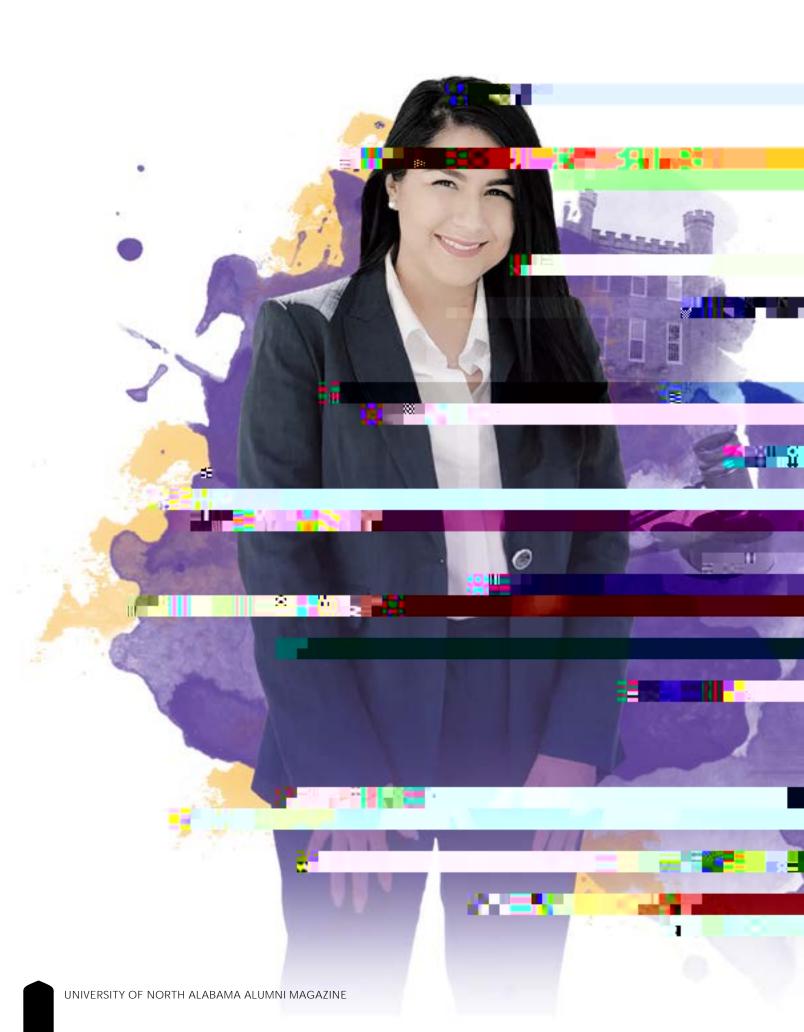
Miracle Osborne

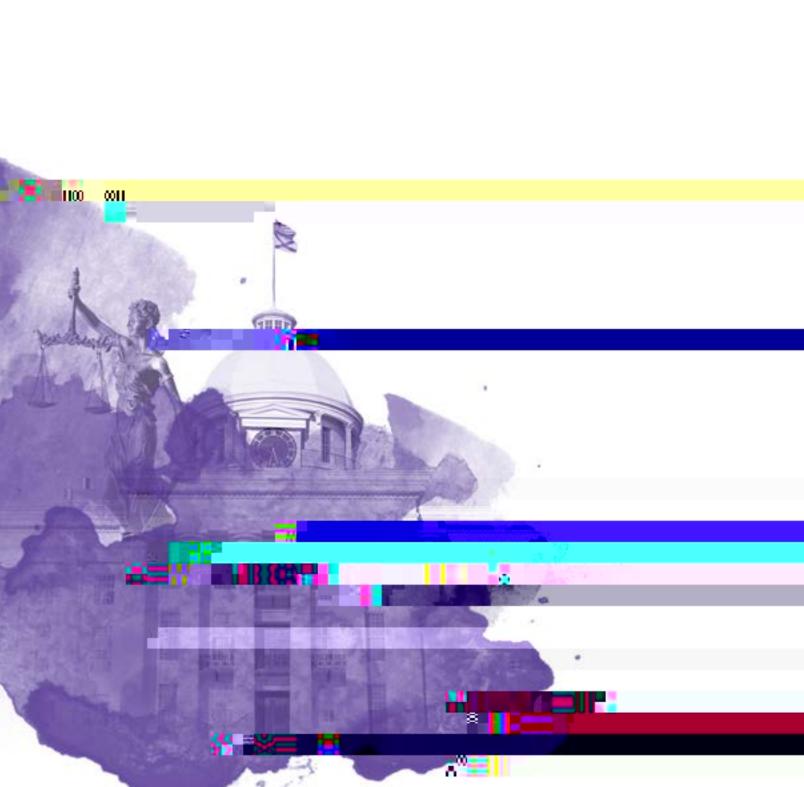
QK\YbX]Xnci [fUXiUYZfca INA?

A.1 graduated from UNA in the Spring of 2016 I dcgrdcbYX a m[fUXi U]cb UnYUf k \Yb









QK\YbX|Xnci[fUXiUYYIca INA? A:2010

QHck XJXnci f ha YUhI NA JbÛi YbWnci f WffYbhWfYf dUh?

A:I was the student who changes majors a few times because I had multiple interests but could never land on something that felt long-term. That k Ugi bh' I a YhDf. B]" Hi XX Yghch, k \c \YdYX a Y[Uh gca YWUf]hmUbXi bXYfghUbX]b[. HY started introducing me to opportunities that, as a Ufgh[YbYfUhch ghi XYbh I by Yf_bYk Uvci ha i W less thought were possible. Having an advisor who took the time to know me and then open new doors was a game-changer. I went to graduate school and pursued a degree in something that ZYhgc HVcc Uhl\Yha Y. NcbdfcUhMUbU Ya Ybh

Wb,,U cÞ″!!! Màe [Ycbghĩ!! M



Sarah Ann Evans

QK\YbX|Xmci[fUXiUHYZfcaINA? A:DYWaVYf2015

Q'Hck X|Xnci f l]a YUhI NA]bÛi YbWnci f WffYbhWfYyf dUh?





Now Wammack is returning to campus in MUW he dYfZefa]b WbWfhZef h\YMUJCZ ;; h\YI NA K ca UbigK YY_YbXcZK ca Yb Yj Ybh WYVfUhb[h\YgWcc \int i50nYUfgUgUW-educational institution.

ÎH\YZUMÎN Uh]h\UgVYYb 150mYUfgcZk ca Yb VY]b[UXa]HYXhc I NA]g]bWYX]V'Y,Ï gUJX K Ua a UW, Î UbXhc VYUdUfhcZh\Uh'Y[UMn]g gi W Ub \cbcf. IN fYU'mYl VJHXXhc [c VUW UbX Vf]b[gca Y'][\hUbXW'YVfUH. I Wi 'XbNYY more honored to be a part of the Year of the UNA K ca Ub.Ï

The Weekend of Women event is scheduled for MtW 10-12 LbXk]" Ztti fYdtbY XJgWgglcbg Yl \JVJlcbg LbXUWbWfhVmK La a LW cb FfJXtm MtW 11, LhNcflcb Ai XJlcfJi a cb lhYI NA Wa di g CcbWfhlyWylgtYY U'WYLh i bUYXi /i bUk ca Ub.

Fci bXYX UgUhYWYfgWYY Y]b 1872, I NA k Ugh YÚfghZci f-nYUf]bglli h]cb]b h Ygci h YUgh to become a co-educational institution.

"We wanted an event that would be indicative of the scope of the celebration and a nod toward 150nYLfgcZLXa]hljb[k ca Yb, UbXXc]b[gc]b hlySci hlygh20nYLfgVYZcfYhlybyl hljbgljhi hlcbcZ\][\Yf YXi Whlcb, I gUXM]WY YEi VLb_gÑG, publisher and editor of the and co-WUf cZhlyMLf cZhlyI NAK ca Ub H.g. FcfW.

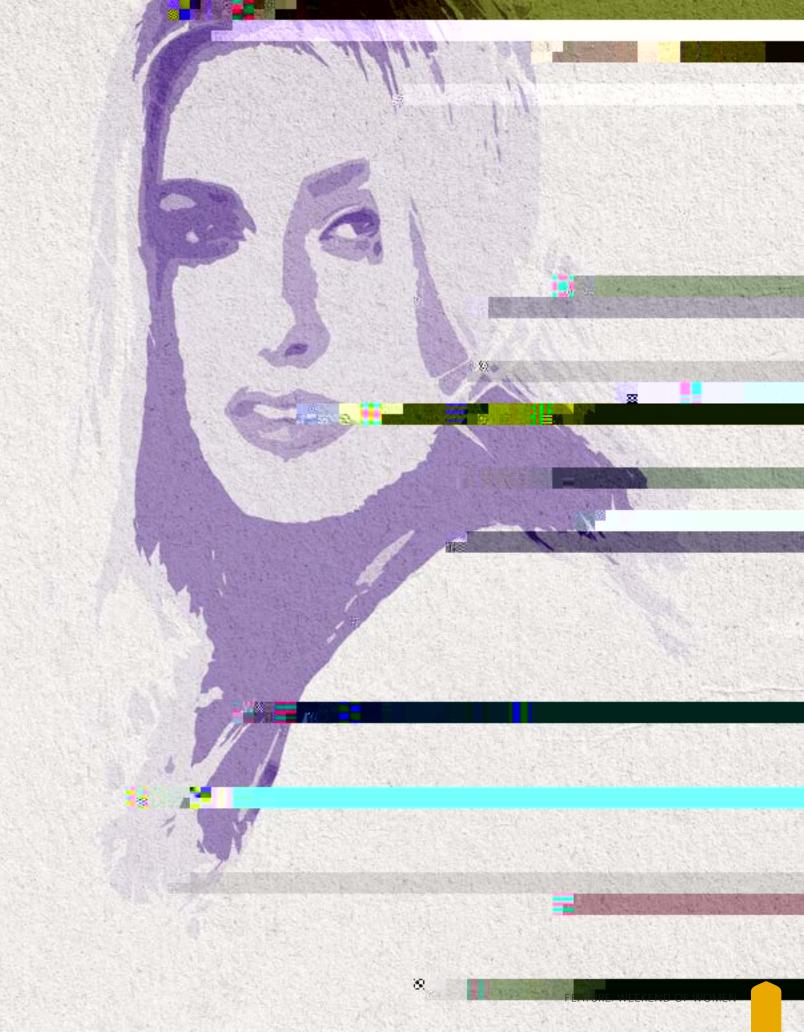
H\YWYVfUJcb VM | lbg l\\YYJ Yb]b[cZH\i fgXUm MUW 10, k | l\\ h\Y`][\ldothb[cZHUff]gcb Fci bhU]b, U campus tradition.

H\YZc``ck]b[XUmcb MUW 11, I NA k]``\U Y UFi hi fYL]cbg DUmZcf EU mCc``Y Ygi XYblg

ÎH\]gk]``VYU[fYUhcddcflib]lmZcfgliXYblglc [YhUbid-WcgY`cc_UhINA_UbXgYYY]UMim\ck l\Ym`]_YRUWY, WbVY[]bh\Yfgcfmf][\h\YfY,Ï Ei VUb_ggUJX Î H\Uh'y Yb]b[, k YÑ g\]Zh[YufgZcf\Yf WrbWfh K YÑYgc dfci XcZRUWY, UbXk Y wanted to bring her back to celebrate her talent with all of us, and that roncer will be open to the Wa a i b]hri Ei VUb_ggUJX

Fi h fYL]cbgDUnk]``]bW XYUb El dYf]Ybh]U LYUfb]b[FU]f k]h \UbXgcb UMj]h]YgZfca gUgU XUbW Yggcbghc WfUa]WgUbXUhi fb Uhh\YdchYfm wheel.









D]l]YgUX]hVY Ub k]lh Ub]bj YblrfmcZ46 boxes of photographic materials provided to hYI NA AfW]j Yg YmZcfa Yf gU d\chr[fUd\Yf S\Ubbcb K Y`g I NAÑgnYUVcc_, H\YD]cfUa U k \]W glrddYXdi V`]g\]b[]b 2020, k UgUbch\Yf gci fWcZa UYf]Ug Ugk YfYh\YUW]j YgcZI NAÑg student newspaper, the

Again and again, she said, she ran into the WU`Yb[YcZnYUfgcZa UMf]UgUVfi dhimYbX]b[, and this often meant searching through numerous Ú`YgUbXd\chc[fUd\g`cc_]b[Zcfh\cgY]a U Ygh\UhWi [\h\YfYmY.

"Trust me. This process was tedious at times, Zfi glfUlb[, I D]l]YgUX ÎMU_]b[gi fYh\YgWbbYX images matched the exact number in the image]bj Ybhcfmhcc_U`chcZha YUbX YbYf[mAhlja Yg I ZYhh\Uhgca Ya Umbch`]_Yh\Y]a U YgI gYYWXX, cf h\YfYUXYf a][\hk cbXYf k \mI \UXbchWcgYb other images instead. As I look over the almost 500]a U YgI \U YgYYWXX, I ZYY h\Uhl\Ygd]f]hcZ h\YI NA K ca Ub]gg\ck b]b h\Ya U`.I

D]l]Y_bYk I NANgUW]j Yk Ugga U`, UbX, Ug such, she began to see the process of compiling UbXcf[Ub]n]b[h\YÚYgUgUk Umr Vi]`Xcb h\Y collection in place.

Mtt cZh.YI NA K ca tb H.g_ FcfWCc-C\Uf Df. JY fYmB]WYYU fYYg

"This book project gave us a wonderful cddcfli b]lmlrc X][]llnYa UbmcZh\Y]a U YgZci bX]b l\YI NA AfW]j YgUbXSdYMU Cc``YMlcbg and now we get to share this rich and diverse Wb``YMlcb k |l\ l\Yk\c`YI NA Zla]`nji \YgUX

Shj``, D]l]YgUJXh\YfYk YfYgca Ygi fdf]gYg Ucb[h\Yk Um

ÎFfca h\Ydfc**'YMng**dYfgdYMnj Y, IX|Xbch

fYU]nY\ck nci b[k ca Yb)ğU\`Yl]VgUbX cf[Ub]nUlcbgUfY\YfYUll NA,Ï g\YgU]X ÎH\YfY k YfYgYj YfU cf[Ub]nUlcbgZcf k ca Yb]bh\Yi\SOg UbXi\Og Vi h]hk Ugbi\ni bh\`h\YYU`m1970gh\Uh h\YI b]j Yfglm\UX]lg\Ufghk ca Yb\\\\\YU\`]Hh\Y\Ygh\Ub 50m\Ufg\Ufg\U

H\Y 1970gk ci 'X gYY bch'i ghl\YUXj YbhcZ k ca Ybl\u00e4gdcflg Uhl NA. Ihk ci 'X Ugc gYY]lg\u00e4fgh woman appointed to its Board of Trustees, the UfghZYa UYU\u00e4 \YIJW\u00e4Wc`Ug\]d bUa YX, UbX l\Y UfghZYa UYA ZIJWb Aa Yf]Wb ZJW\u00e4ma Ya VYf\|fYX]b l\YEb[`]g\\DYdUfla Ybh

D]l]YgUX]h[]j YgUX] YfYbhdYfgdYWlj Y cb h\YI b]j Yfglmg\YUHYbXYX UgUb undergraduate and is attending for her [fUXi UHYXY] fYY, dUfHW`Uf`mXi f]b[l\YMYUf cZ the UNA Woman.

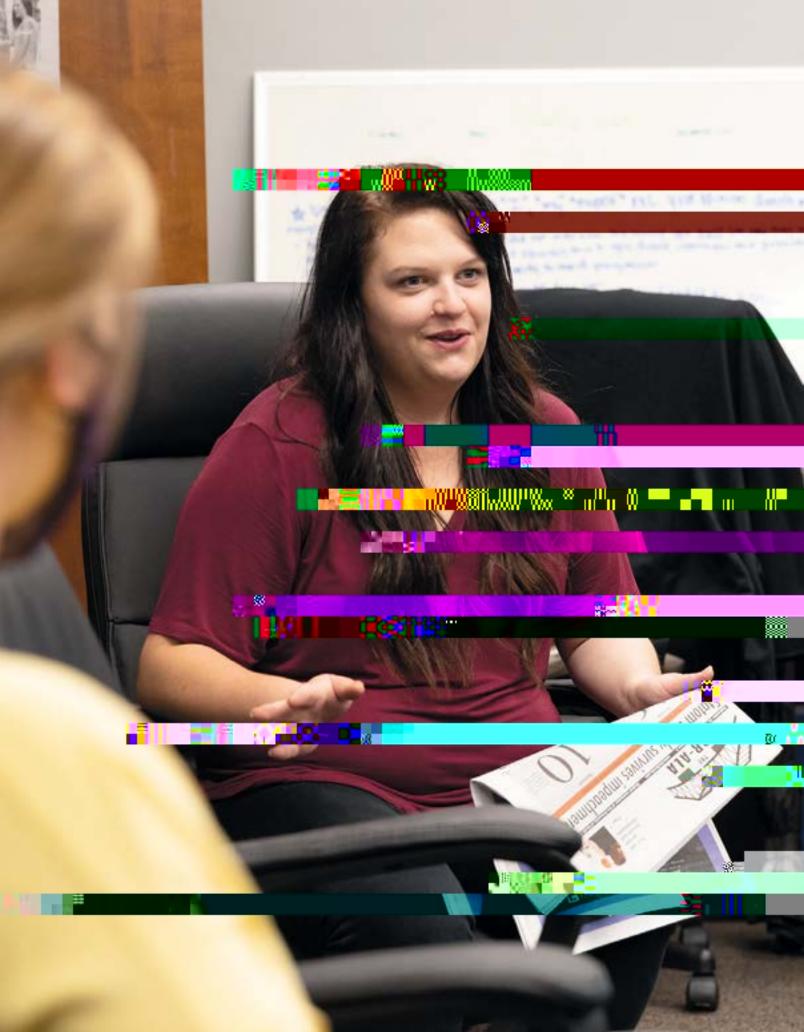
"So much has changed during these last 150 mYUfg UbXI \cdYci f mci b[Yf [YbYfUfcbg fYU]nY\ck]bÛi YbHU k ca Yb\Uj YVYYb]b ci f dfc[fYggUgUI b]j Yfglmï g\YgUJX ÎI Ugc \cdY that each reader gets a sense of the achievements UbXUWYa d`]g\a YbHgh\Ungc a Ubmk ca Yb\Uj Ya UXYbchcb`m\YfYUhI NA, Vi hUgc]b dc`]hWg YXi W







THE YEAR OF THE UNA WOMAN COMMEMORATIVE BOOK WILL BE AVAILABLE IN JANUARY. VISIT UNA.EDU/UNAWOMAN TO PURCHASE YOURS.

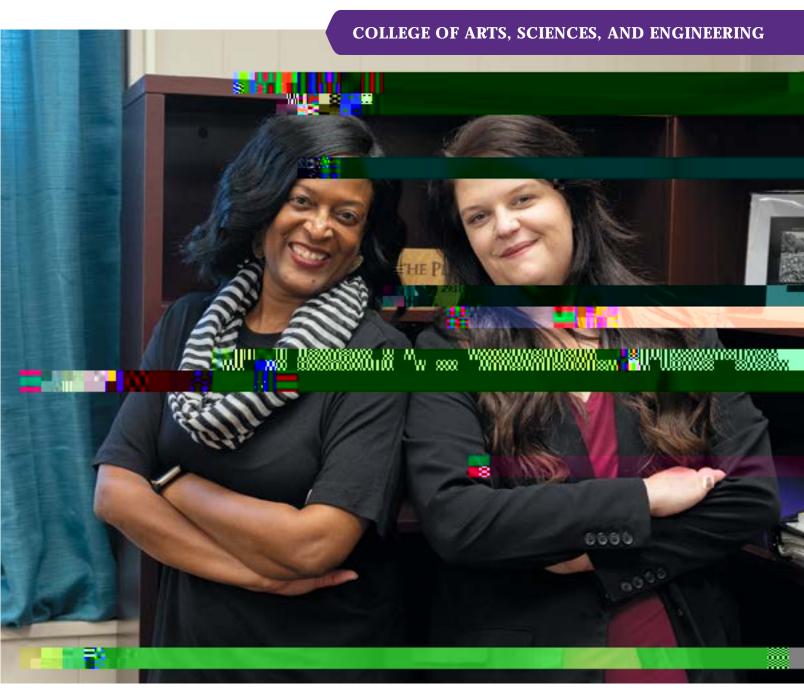


M

student. After classes and on weekends, I was waiting htvyguhlyycbimXJbYf]b a m \ca Ynck b hc \Yd dUma m Zla]`m\vec{k}V]``g

DYgd]llYci f ÚbUbVJU k cYg]h k UgbYj Yf Uei Ygl]cb k \Yh\Yf IlÑX [chc Wr`Y] Y. Mma ca a U\UX told me since I was a little girl h\UhI Wr `XVYh\YÚfghk ca Ub elected President of the United States.

AbXh\ci [\ Mca a U\vec{y} dreams for me were far-fetched, UhVYgh ci f Zla]\mbYj Yf Xci VhXX



ASHLEY REMKUS '15 RETURNED TO THE UNA CAMPUS IN FALL '21 TO VISIT WITH ONE OF HER MENTORS, DR. PAT SANDERS '82, CHAIR OF THE DEPARTMENT OF COMMUNICATION. REMKUS WON THE PULITZER PRIZE FOR NATIONAL REPORTING EARLIER THIS YEAR.

]bUXYei UY, i bl]`Df. SUbXYfgUbX gc a Ubmch\Yf YXi WlrefgHU [\h a Yhr gYYh\Yk cf`XZfca X] YfYbh perspectives.

Ihng \UXXcf a Yhc VY]Y Yh Uh Ud`UWk \YYa mÚfghYl dYf]YbW k UgUÛUhHfYl Wi `XbNiU cfXhc Úl \Ug`YXa Yhc UWYYf k \YfYl get to be a voice for the voiceless. Mmnci b[YfglghYf, Ef]b Remkus, also found a passion for \Yd]b[ch\Yfgk \]`Ygh Xm]b[Uhl NA. Nck g\Yjg[Yhl]b[U a Uhl jiXX fYY]b gcVJU k cf_.

SlbWI a cj YXVW lc F`cfYbW this summer, Erin and I have spent a lot of time chatting on her front porch. We spoke about laya Ubrak ca Yb k \c \YdYXi g g WYXUhI NA I laycbYgk \c

believed in us and invested in us, the ones who pushed us to be better and supported us when we XJXbNAVYJY Yk YWA 'XXc]h

Fcf h\Uhk YUYZcfYj Yf grateful.

No matter where we go, F`cfYbWk]``Uk UngVY\ca Y. I NA k]``Uk UngVYUdUfhcZ us. ⊖

Building bridges

¬\Ya Ybhcfg H\YmUfYh\cgYhfi ghX]bX]j]Xi Ugk Yhi fb I le Zef gU YUXj JW, Jbg][\h, UbX[i]XUbW. H\Ymdfej]XY dYfgdYMjj YUbXk JgXca, UbXh\YmWYYfi gcb lck UfXci f

goals and aspirations.

Bi hUW/fX|b[hc h\Y2018SlfUXUGU`i d A`i a b] Si fj Ym ÎMYblcf]b[Cc``Y[YShiXYblglcSiWYggÏZYkYfh\Ub\UZ cZh\YW\'Y|Y|fUXiUh\gdc``YX,43dYfWbh,gUXh\YmUfYYX cf glfcb[`mU fYYX l\ Uh\ Ym\ UX a Yblcfg Xi f]b[l\ Y]f i bXYf[fUXi UYrmYUfgk \c YbWi fU YX h\Ya hc fYUW h\Y]f goals.

McfYcj Yf, U2019 SlfUXUEXi Whlcb NYlk cf_ GU`i d poll concluded that having a mentor in college is one of six experiences in college that leads to higher engagement and

greater well-being on the job.

Hcf] Bchca g 23, cZSh JcgYd\, HMbb., k \c YUfbYX\Yf VUWYcf Ng XY [fYY]b a Uf_Yhb [Uhh YI b]j YfglmcZNcfh A`UVLa U]b 2020, gUJX l\uhXi f]b[ZfYg\a Ub mYUf, I NA AggcVlUYPfcZYggcfcZMUf_YIjb[Df.Ef]bG]`Ygd]YVYWaY\Yf academic adviser and has been her mentor since. Bottoms is Ybfc``YXUgUghi XYbh]b h\YMBA dfc[fUa.

ÎDf.G]``Ygd]Y\Y`dgaYaU_YgifYh\UhIÑadihljb[am U`]bhck\UhyjYfINi Xc]b[VihUgcdUig]b[hchU_Yh]aYZcf

a ngYZUgk Y`,Ï g\YgUJX

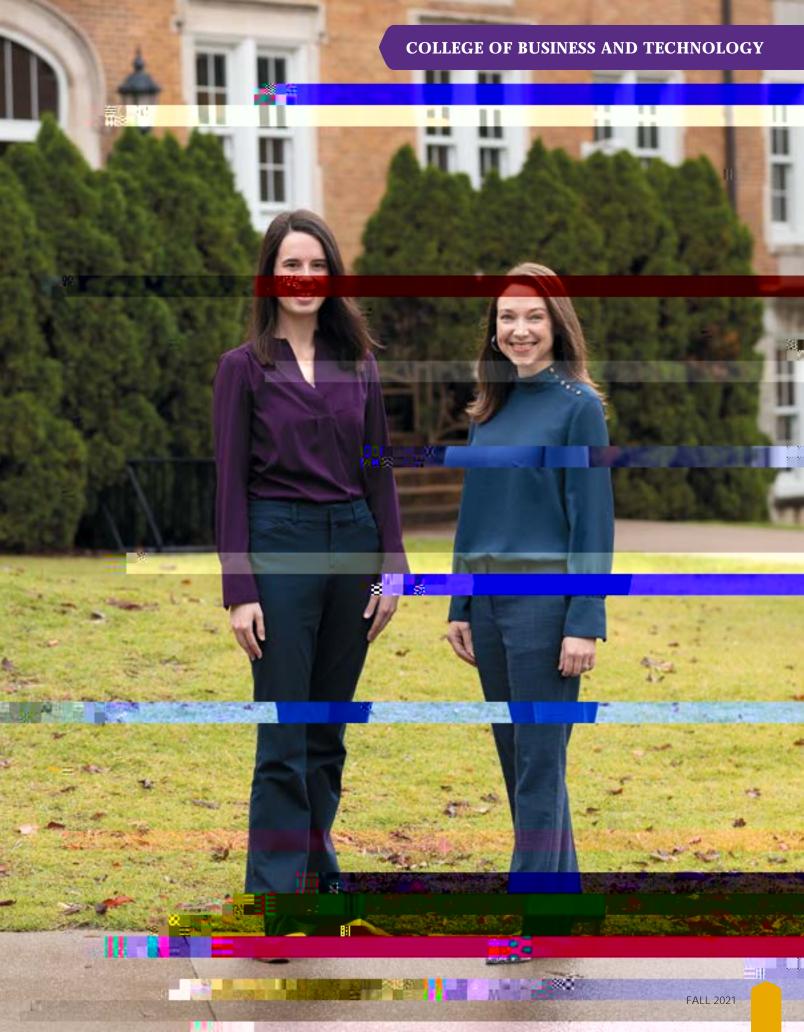
Even in graduate school, Bottoms said she still turns to G]``Ygd]YZcfUXj]WYk\YbYjYfg\Y\Ughckf]hYdUdYfgcfWMUY

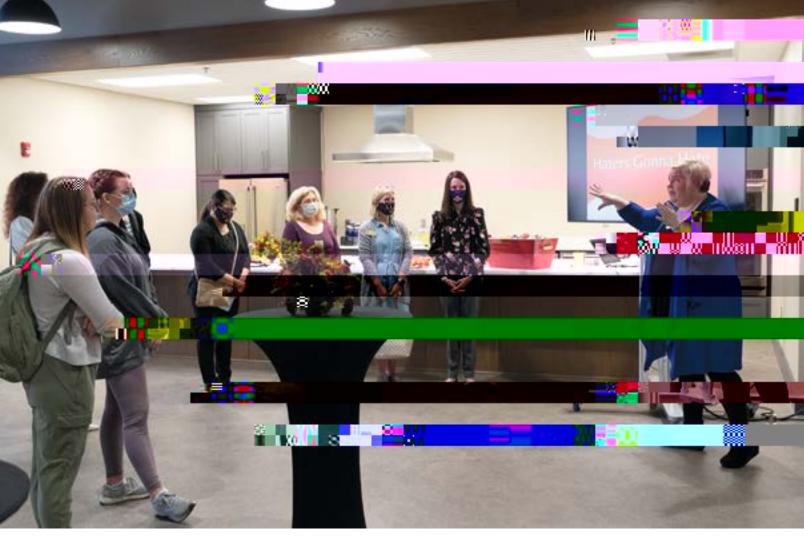
presentations for class.

ÎS\Y\Uga cfYcZUb |bg|| \hVYWI gYg\YVYUfYUXmVYYb h\YfY,Ï gUXBchca g ÎSc k\Yb cddcfhi b|hYgUf|gY, I fi b h\Ya Vm\Yf UbXUg_, EX\UhXc noci h\]b_ Uvci hh\]g?NEDc noci h\]b_ h | g | g U g f c b | a c j Y Z c f a m Z h i f Y ? Ñ c f E U J Y n c i V Y b | b h | g gli Ulcb VYZcfY?Ñ

Bellica g k \c k | `` [fUXi UYI\] gDYWa VYf, gUXG] ``Ygd]Y k Ug Ygd YVIU`m\YdZ'k\Yb g\Y`U bWYX\Yf 'cVgYUfW Xi f]b[\Yf gYb]cf mYUf. Bchca gYj Ybhi U`m`UbXYXU'cVUgU fYMi | hMf Zcf I NANgcb`|bYMBA dfc| fUa.













AS PART OF THE WOMEN IN BUSINESS PROGRAM, STUDENTS HEARD FROM LOCAL FEMALE ENTREPRENEURS ABOUT HOW TO EXCEL IN BUSINESS.

COLLEGE OF BUSINESS AND TECHNOLOGY

Î ObYcZh\Yh\]b[gDf.
G]``Ygd]YHJ_gUVci hU`ch]g\ck
a Ubmk ca Yb ZLWHa dcghf
gnbXfca YÑk\YfYh\Ymh\]b_h\Ym
WbNh'i ghVYWi gYh\YmXcbNh
WYWU`h\YVcl Yg cf h\YmYbch
j Ui UVYYbci [\cf XcbNhVf]b[
Ybci [\hc h\Uhcddcfh b]hni
gU]XBchca gÎBi hg\YgInghc gYh
those feelings aside and step up
Zcf k\Uhnci k Ubhlc Xc VYWi gY
]Znci k Ubh]h nci bYYXhc gHd i d
UbXlfmZcf]h UbXh\Yk cfghh\]b[
h\UhUbncbYWb Yj Yf hY`nci]g
Hbc.Ni

G]``Ygd]YgU|XdfcZYggcfgk\c



While educators do complete Ih Ylf YXi Whlcb VmYUfb]b[XY fYYg UbX Wfh]ÚWh]cbg Ih Y learning never stops. Often, the educators who teach other aspiring educators how to teach learn important lessons from the same ghi XYblg Ih YmYY YUX]b[.

H\Ungk\Un\UddYbgUhK]`Vm LUVcfUrcfmSWcc`, k\YfYW``Y[Y students hoping to become teachers can learn from the best and put their skills to the test.

ÎI `cj Yk UW]b[WbÚXYbW [fck]b h\cgYI NA gh XYbhg H\Ym Wa Y]b U`]lhìYg\mi bgi fY, _]bX of timid. After a few weeks and UZk Yl dYf]YbWg h\YmWa Yci h cZ\YfYj YfmWbÚXYbhÏ gUXDf. Ef]WK]f_a Ub, X]fYWcf cZK]`Vm LUVcfUcfmSWcc`. ÎK Yk Ubh Yj YfncbYhc Wa Y\YfYUbXgYYk \Uh UfghWLgghWW]b[`cc_g`]_Y K Y XcbNin ghl\fck h\Ya hc h\Yk c`j YgÏ

K] `VmUMgUgVch` Udi V]W
YYa YbHImgWcc` h\fci [\F`cfYbW
C]lmSWcc`gUbXU`UvcfUrcfm
where UNA students can practice
teaching, working with children,
and even volunteer their time in the
classroom.

Preparing students to be skilled educators and leaders is part of I NAÑg 'Y UMM Jhỗg Uhl Y Y Y Ghọ Z Jh H Y I b j Y ghmk Ugh Y Ú ghọ LH H WY TỔg W Y Yọci h cZh Y O \] c R j Y UX h Y Ú gh b h Y Sci h Y Lợh hc UXa Jhk ca Yb. H \ Uh 'Y UMM \ Ug

allowed women to create a tradition of mentoring other women, and that lfUX|lcb[ch|lggUfh]blaYCc`Y[Y] of Education and Human Sciences and continues across campus and within each division.

Df. K]a VYfmGfYYbk Unk \c
gYfj YgUgI NAÑgJ]WPfYgJXYbh
Zcf Shi XYbhA Ufg |gcb h\YZfcbh
`]bYgcZgi XYbha Ybhcfg\]d. Fcfa Yf
gi XYblg\U YXYgMJVYXGfYYbk Um
Ugh\YÎ df]bYdU cZWf`Y YÏ h\Ub_g
to her work in student conduct,
gc g\YÑg\UXUZcbhfck gYUhc
teachable moments with students.

Î AgUb UXa |b|g|ffUcf, |h|ga m job to help students be successful. Seeing students in a moment of growth, and knowing that that will impact their future growth, and h\Uh\\YmWb h\Yb hi fb Uci bXUbX impact the future growth of other dYcd\Y, |h\y\u00e4\Ug W\y\u00e4\z\text{f} h\Ya, \u00e4 GfYbk Um\u00e4\u00e4\u00e4\u00e4 \u00e4\u00e

PfcZ/ggcfg gli XYbhcf[Ub]nUl]cb leaders, and administrators like GfYYbk UmWb dfcj]XYgli XYblgbch cb`ml\Yg ddcfhl\YmbYYX lc YUfb l\Yf XYI fYYg Vi hl\YmWb Ugc []j Y students valuable knowledge and UXj]Wh\Ym\Y [U\YYX h\fci [\h\Y]f ck b Yl dYf]YbWg]b h\YÚYX

S\Ub]gYA``Yb, Ub YYa YbHIfm education major and ambassador

Zef h YCc "Y YcZEXi Whleb UbX Human Sciences at UNA, said knowing she can learn from her professors and mentors helps relieve some of the stress of choosing a career and entering the workforce.

"I love mentorship, and it XYÚb]h'm\Ug\YdYXh\fci [\ci h college to make me feel less stressed VYWi gYI_bck h\YfYh\ygca YcbY h\YfYhc\Yd a YUbX[i]XYa Y,i g\Y gUJX Î Ih\ygc\YdZ`1 gh_bck]b[that I have someone there for me, UbXh\Uh\\Ym\ygc fcch]b[Zcf a Y]b Y Ymh\]b[h\UhI Xc h\fci [\ci h a mha Y\YfYi

While students have much to gain from their professors and administrators, sometimes the students teach the teachers, Kirkman said.

ÎI NA gi XYblgUY gi Xnjb[h\Y most recent educational trends, the a cghfYWbhlcc`gZcf h\Wbc`c[m\LbX things of that nature. A lot of times k\Yb h\Ym\Wa Y\LbX\WbXi \Wici f a]b] \Yggcbgcf \Wb]\Wg ci f K]\Ym teachers are sitting back taking notes. It becomes kind of a give-and-

COLLEGE OF EDUCATION AND HUMAN SCIENCES

H\Y]bÛi YbWcZUdfcZ/ggcf cf i b]j Yfg|hmUXa]b]gfUcfgWb]bÛi YbWgca Yghi XYblghc di fgi YYXi Wh]cb UgUWfYYf. H\Uhgk\Uh\UddYbYXhc Vch\ GfYYbk UmUbXDf. H.a a mJUWi Yg

ANDERSON COLLEGE OF NURSING AND HEALTH PROFESSIONS

Zef ACONHP, gUXg\Yk Ug]bgd]fYXhc\Yd ghi XYbhg ÚbXh\Y|f d`UW]b a YX]WbYhk c mYUfgU c UZhnf UhYbX]b[Ua YX]W7 a]gg|cbhf]dhc Gi UhYa UUUbX a YYh]b[gca YcZI NAÑgbi fg|b[ghi XYbhg

"In nursing school, the foundation is started, Vi hnci \Uj Yhc Vi]'Xi dcb h\UhZcf]hhc VYgʻUV'Y. I ZYY `_Yh\Uhğık \mgca YdYcd'Y, k \Yb h\Ym[Yhci h cZbi fglb[gWcc`UbXh\YmgʻUfhh\Yff 'cVg WUb[Y WfYYfgVYWi gYh\YmXcbh\\Uj Ygca YcbYh\Uh\Ug that patience and grace to help them grow and a Ui fY]bhc UgʻUgcbYXbi fgY,Ï JUbhYb gUX.

AZMf g\Y[ch\ca YZca h\Ylf]d, JUbhYb g\IfhX k cf_]b[UgUb UX1 b\MZW\hma Ya VYf UhI NA. She also started working as a preceptor for nurses at her pediatric clinic in Tuscumbia. Preceptors are other doctors or nurses who allow student nurses to

work underneath them to get hands-on experience]b UfYU-k cf`X\YUh\WfYYbj]fcba Ybh JLbhnYb explained.

H\YgY\UbXgcb YI dYf]YbWgc Yf gli XYblgUb cddcfhi b]hmhc Udd`mh\Yg_]``gh\Ym\X dfYj]ci g`m cb`mfYUXUvci hcf k UhWYX]b WUgg H\YmUgc []j Y students a look into real working relationships with ch\Yf XcWcfgUbXbi fgYg gUXDUb]Y`YPYHi g k \c plans to graduate from UNA with her BSN degree h\gmYU.

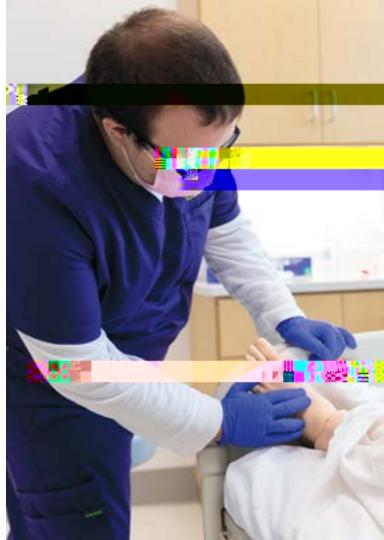
Fcf PYHi g \U]b[h\Ygi ddcfhcZdfcZ\ggcfgUbX other professional nurses has been crucial.

McghcZPYłłi gÑ-ja Y]b bi fglb[gWcc`\UgVYyb during the pandemic, which means her professors \Uj Y\UX\lc ÚbX\WYU-jj Yk Unglc WbXi \W\Ujb]\Wg while also keeping up with the changing protocols at

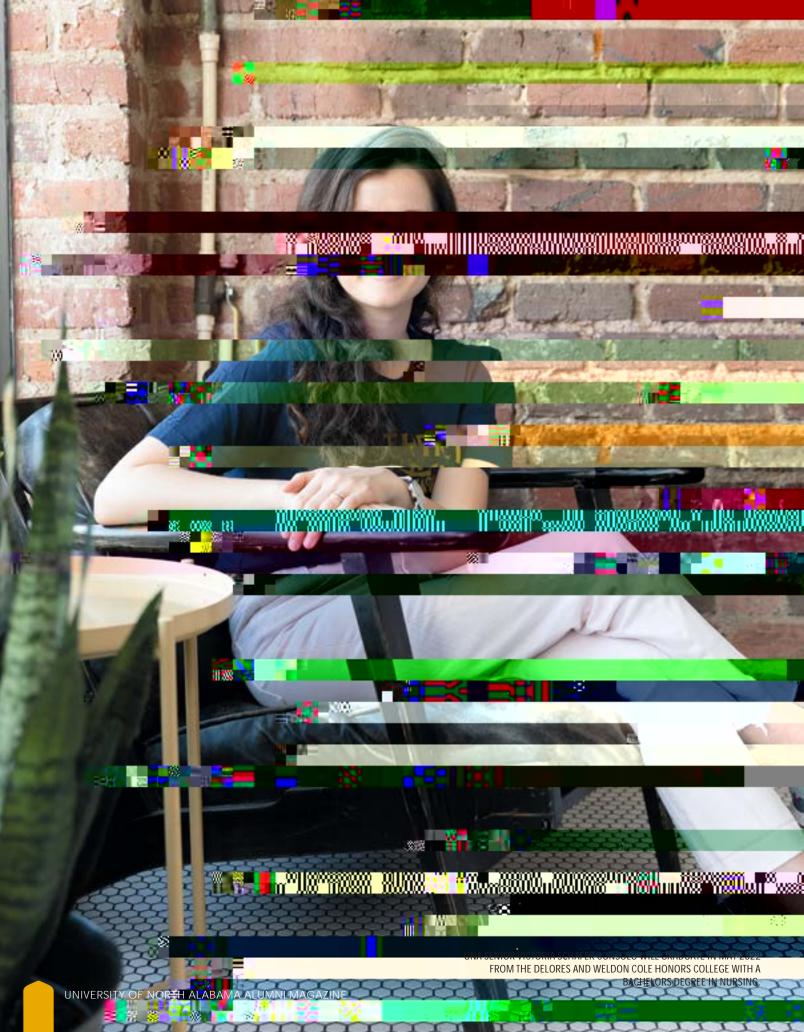
STUDENTS IN THE ANDERSON COLLEGE OF NURSING AND HEALTH PROFESSIONS USE THE SIMULATION LAB IN HARRISON HALL AS PART OF THEIR COURSES AND IN PREPARATION FOR REAL-WORLD SETTINGS.











GROWING, GROWING,





gh YI bjj YfghmcZNcfh A`UUA UAh`YhWjgYbhYfjb[]lg`UghmYUcZh YhfUbghcb VYk YYb NCAA Djj]glcb II UbXNCAA Djj]glcb II glcflg k ca YbNygdcflgUhh Yi blj YfghmUY`cc_]b[hck UX growth for their female athletes both in the competitive arena and in their professional lives.

ÎK YYI dYf]YbWXHYA YbXci ggi WYgg]b ci f Úfghlk c mYufgcZh Y HfUbglhcb. K Yh Yb [fUXi UYXÚj YgYb]cfg UbXh YdUbXYa JWghi W, Ï gUJXM]ggmH,VYf, I NA K ca YbNgBUg_YHVU`WUW. ÎLUghmYuf k UgcbYcZ [fck h. Oi f YI hYa Ymnoi h Z`gei UXcj YfWa Y[fYUhUXj YfghmUbXk Ug UV`Yhc d`Umh\YYbhffygYUgcb. Ï

Nck, a cghcZhYd'UnYfgk\c fYdfYgYbhXI NA Ah`Yl}Wgh\fci [\
the transition have graduated and moved on to pursue success outside of
Uh`Yl}Wg H\YgYXLng h\YZ:WgcZI NA Ah`Yl}Wg]gcb gi ddcfl]b[h\cgY
gi WYgygVm\Yd]b[h\Yd`UnYfgUgh\YmbUj][UhYh\Y]f k Umh\fci [\
W'Y] YUbXVYncbX

KYbng\UCci `gcb k \LgcbYcZh\cgYd`\LnYfgk \c k \Lg]bh\[fU \hc h\Y k ca Yb\[gV\] Y\\U'\ h\La h\fci [\ci hh\Ylf\] Ylglgh\C \Yf\ \Uf\] Mbh I NA Ui a bU g\Y_]\WYXc \Yf\ \Uf\] Uf\gm\Uf cZ[f\Wi \Uf\] WyCc` \Lh NA]b FU` 2021 \LbXg\[f] Yg\Lgh\YGf\Wi \Uf\Agg\]g\Lbh\Zf K ca Yb\[g\]B\Lg_\H\U`. She said the team culture is one of the reasons she chose to pursue a graduate degree at UNA.



KENYSHA COULSON, ABOVE, AND KARA NIX, RIGHT, SAID UNA ATHLETICS PAVED THE WAY FOR THEIR SUCCESS AFTER GRADUATION.

ÎI Vi] ha mWUUMM \ YfYÌ h\ Y character that does the right thing even when no one is watching. Because of that, I learned how to lead]b h\ YWffYMk UmVch\ cb UbXc h\ YWi fhĬ g\ YgUX

Cci `gcb gUX CcUW HVYf \YdYX \Yf hc VYWa Ya YbłU`mhci [\ Ì something she struggled with when g\YÚfghWa Yhc I NA. Nchcb`mh\Uh but Tiber inspired her to become a coach herself.

ÎA``a m`]Z, I k UbhXk vVWa Y Ubi fgY,Ï Cci `gcb gU,X, Vi hHVYf\g\ leadership and the experiences she had in the athletics program made Cci `gcb WUb[Y\Yf a]bXUbXgk]hW a Ucfggcd\ca cfYnYUf]b cfXYf hc ghi Xm_]bYgc`c[m

"Now, I want to give girls the opportunities I had. I want them to build the lifelong relationships I Vi]'hÏ g\YgUX

The idea that success stretches VmcbXh\YgWfYVcUfXgYYa g gUbXUfXUMicggch\Yf k ca YbNji glcflgdfc[fUa gUhl NA. K ca Yblỹ ScZWU`CcUWAg\`YmCcnUfhgUX her goals as a coach go farther than winning tournaments and raising GPAg l\ci [\h\cgYUa V]l\cbgUYcb her mind, too.

"I want to be that coach that can \Yd ci f h\La k |b cb h\YÚYX\Vi h Ugc VYUh\Yf [fUXi Ufcb WfYa cbm their wedding, meet their kids, and VYUdUfhcZh\Yf `|j Yg Yj Yb UZMf h\Ym `YU YI NA,Ï g\YgUX

Kara Nix, a recent UNA graduate UbX Zcfa Yf Wicgg Wi blfmfi bbYf embodies the product of this Wa a]la YbhUgg\Yk UgfYYbhm bUa YX lc h\Y2021 Cc``Y[YSdcflg IbZcfa Ulcb D]fYWicfgcZAa Yf]W (CcSIDA) D]j]glcb I K ca Ybi¥HFUW & F]YX/ CfcggCci blfmA WXYa]W All-America team. She was chosen for the honor based on her performance in both the classroom UbX]b Uh`YlWy Fcf\Yf gi WYgyg she credits the leadership of UNA K ca Ybi¥CfcggCci blfmCcUW

JYYa mPfcj YbWUbXh\YUh\YY|Wy department as a whole.

"People in the department saw skills in me far before I ever did, and h\m\UXU[fYLhk UmcZVf]b[]b[] out those strengths within me. I left having achieved athletic accolades Zf VmcbXk \UhI Yj Yf XfYLh YXÏ she said.

N]l, UMi gWYS\cUgbUlj Y, gUX she hopes to return to the area after completing her education in order to gYfj Yh\YWa a i b]hmLgUd\ng\W.b. The support for UNA Athletics Zfca h\Y`cW Wa a i b]hmk LgUV][dUfhcZk\mg\Yg WYXYXXi f]b[\Yf hJa YUhh\YI b]j Yfglhmg\YgUX "I think the investment from both h\YWa a i b]hmLbXh\Y`YUXYfg\]d within the athletic department \LgU`ck YXZcf k ca Yb\ygdcflghc h\f]j YÏ

S\YgUXI NA]gi b]ei YVYW gY]hc Yfgh\YUWXYa]VVgi ddcfhcZU small college and the advantages of a `Uf[YW`Y[YUh`Yh]W\`m



Teamwork is also a big part of Ubmg WMgA `Uh `YlWdfc[fUa. Nc Xci Vh YLW WLW \Lg \Yf ck b gmiY of instilling a sense of camaraderie within each athletic team on campus. Fcf CcnLfh l\]g`cc_g`_Y`cj Y.

"Our culture has to be strong. We \U Yhr WYUZA | mk \c `cj YgUbX WfYgUvci hYUW ch\Yf Ufgh Lcj Y |gU\i [YdUfhcZci f W\hi fY,Ï g\Y said. "We love each other and come from a place of gratitude. We are Wa ZcftUVYUbXWbUXYbh UbX]h \Ydgi gVYh\YVghk YWb VY."

AgCcnUthVY[]bg\Yf b]bl\\ nYUf of coaching at UNA, she knows what success looks like for her team, and g! WYggZcf\Yf dYfgcbU`m]gUVci h more than what happens on the gcZYU`ÚYX

"I think looking at the big picture, k Yk UbhYj YfmXUmlc [YhVYHMf]b U` UzdYMgcZci f dfc[fUa cb UbXc h\YUYX; [YhU`]lhiYV]hVYHMf Yj Yfm XUmUbXUk UngVYa cj]b[Zcfk UfX,Ï she said.

PYfgcbU [fck h]gUgc cb HVYfiyd a]bX Lgg\YWUWYg\Yf d'UnYfg through some of the most important mYUfgcZh\Yf`]j Yg HYUa W'hi fY d'UnygU'Uf[YdUh]b a U_]b[gi fY\Yf d'UnYfgZYY gi ddcfhYX, `cj YX, UbX pushed to perform their best.

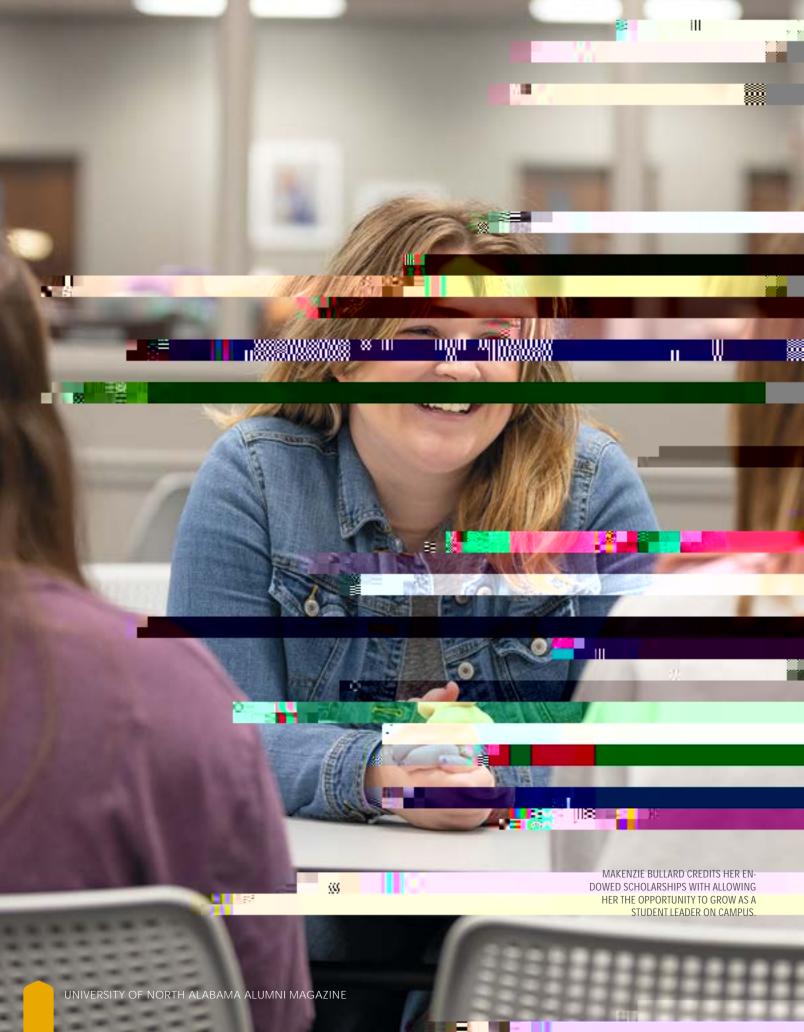
Î OMm[cU]gQrc dfcj]XYci f nci b['UX]Ygk]lh Ub Ybj]fcba Ybh that fosters growth as a person UbXUgUd'UnYf lhfci [\gffi Wif fY, discipline, and love. Building and sustaining a culture is something lhUnci \Uj Ylckcf_\UfXUhYUW XUn g\YgUX

Bch HVYf UX ConUfhU fYYh Uh h YDI Uh `YHWffUbgHcb k]`` di h an even greater emphasis on team morale and motivation.

 ESPN+, UbX\Uj YVYYb UVYlc d`Um]b gca YUa Uh]b[gHX]i a g]b Zfcbh of big crowds that we had never Yl dYf]YbWX,Ï g\YgUJX

Nchcb`m\Ugh\YhfUbghlcb hc DI]bWMgYXZ bX]b[UbXa YX]U attention, it has also given UNA athletes a deeper sense of self-WbUXYbW]bU`UgdYMgcZh\Yf lives.

AWWfXJb[hc CcnUfh Zcf k ca Yblyg glcflg YgdYMU`m\ck h\Yd`UnYfg ZYY]g\ck h\Ymd`UmUbX]hig YUgm for women athletes at UNA to h\flj Yk\Yb h\YmZYY Wa ZcflUVY, supported, and understood.



Lifgha YhMU_YbnJYBi ``UfX]b h\Y ZJ``cZ2019. I fYa Ya VYf VY]b[U timid freshman, taking in all that came with being a new member of the Shi XYbhGcj Yfba YbhAggcVJUJcb UbX feeling at ease when she came and]blfcXi WX\YfgYZhc FfYg\a Ub Fcfi a .

At the time, she was serving as the Pfc HYa dcfYcZSGA SYbUY. K YUf]b[a blue pant suit, she embodied the YUXYfg\]d UbX WbUXYbWI gff]j YX lc achieve. Before serving as Pro Tempore, g\Yk Ugh\YJ]WPfYgJXYbhcZFfYg\a Ub Fcfi a . Ffca h\Ygref]YgI\YUX, g\Y k UgYj YfnH\]bU YUXYf g\ci `XVY._]bX, XYX]WHX, UbXj]gcbUfm

MU_Ybn]Yk Ybhcb lc VYWa Yh\Y SYWMLfmZcf SGA SYbUYk \YfYI [ch to serve alongside her as a senator. AgI [fYk]blc a md`UWcb Wa di g I Zc``ck YXMU_Ybn]Yvy[i]XUbWUbX Yl dYf]YbW. Ib Yj Yfnth]b[g\YX]X, g\Y seemed to do it with ease.

There has never been a time when MU_Ybn]YX]X bchglbXi d Zcf k \Uh was best for the students of UNA. She said she could not have done that and h\Ya Ubmch\Yf h\]b[gg\Y\UgXcbYUg UWa di g YUXYf k]h\ci hh\Y\UbUb\UU support she received from an endowed []Zhlc h\YI b]j Yfglm

0]]

0]gT M

Lifetime Achievement: Ann Berry '78 (not pictured)

Alumni of the Year: Dr. Stephanie Wagoner Teichmiller '84

Friend of the University: Megan Lovelace Dye







Welcome HOME





Attended/Did not graduate

Kayla Nizamis was inducted into the

MUF]cb Cci blmSdcflgHU`cZFUa Y.

1970s

Dr. Patricia Roden '75 was inducted into the North Alabama Athletics Sports Hall cZFLa Y.

1980s

'U 3 D W 6 D Cwontland international podcast award from the Broadcast Education Association.

Q@HP:KWNHUwas appointed

Sesquicentennial Class Notes

SDDBUNHUwas named AgglgLbhJ]WPfYglXYbhLbX corporate communications investor fYUlcbgUggcVJUlYcZCB&SBLb_.

AbXfYURUW Ѻ4 was named Teacher of the Year at Westside E'Ya Yblum

DYVcfU\ HccXGU IJYf ÑAwas bUa YXAgglgHbhDYUb Zcf Ji f]g MUghYf Pfc[fUa gUhF`cf]XUSHUY I b]j YfglmCc``Yl YcZLUk.

R\cbXUAbXfYk gSh\k Ufh\\dagga4 was bUa YX El YWh\dagga YD]fYMcf cZh\Y b]j °

`UbUPUf_Yf Ñ04



